

A close-up photograph of a hand holding a daisy flower. The hand is positioned at the bottom of the frame, with the fingers gently cupping the base of the flower. The daisy has a bright yellow center and white petals. The background is a soft, out-of-focus light color, possibly a wall or a backdrop. The overall tone is warm and gentle.

# MEDICAL BENEVOLENT ASSOCIATION NSW

1896 – present

“to make him my partner in my livelihood, and when he is in need of money to share mine with him; to consider his offspring the equal of my brothers”.

Hippocrates

Dr Liz Rushbrook CSC, MBBS, MHA, FRACMA, RAN

# MBA NSW

- History
- Administrative Organisation
- Functions
- Resources
- Beneficiary numbers, type
- Expenditure
- Income
- Accessing the service
- How not to become a beneficiary – limit your exposure to risk

# HISTORY

- MBA NSW grew from the Medical Benevolent fund of NSW established in 1896
- Amalgamated with AMA Benevolent fund in 1934.
- Registered as company 1936
- Registered as a charity in 1957

# ADMINISTRATIVE ORGANISATION

- **COUNCIL:** Doctors across a range of professions. Responsible for administration of MBA NSW
- **Social Worker**
- **Administrative Assistant**

# FUNCTIONS

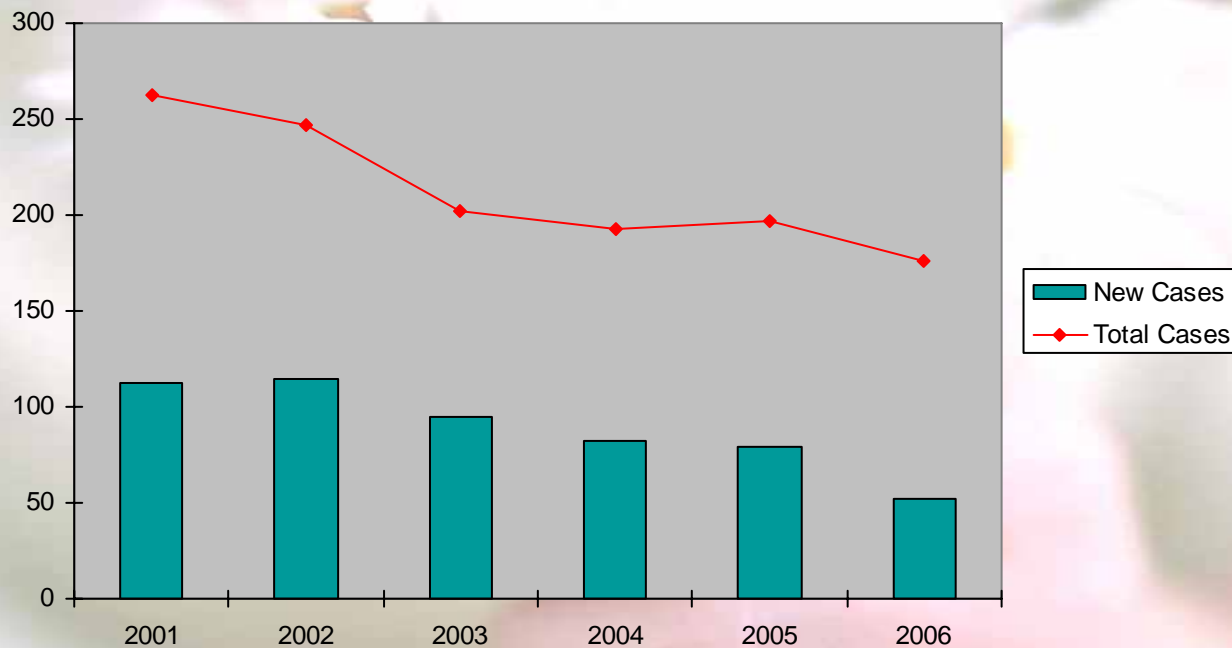
- Assessment (social, emotional, professional, financial needs) Advice, counseling
- Financial assistance – aim for financial independence
- Advice about availability of other assistance programs
- Confidential dealings
- Executive oversight, decisions and endorsement

# RESOURCES

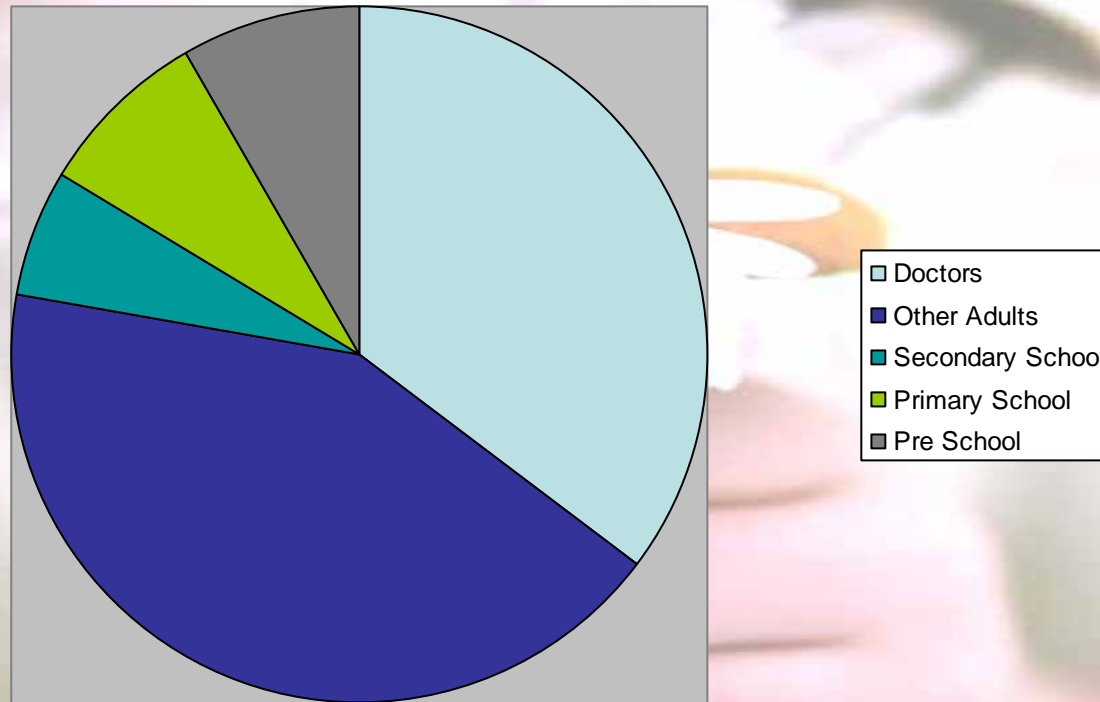
A close-up photograph of a hand holding a white daisy flower with a yellow center. The background is blurred, showing more flowers and greenery.

- Social Worker: Mrs M Doughty AM, since 1964. Now Mrs McVey
- Administrative Assistant since 2005
- Council executive
- Councilors

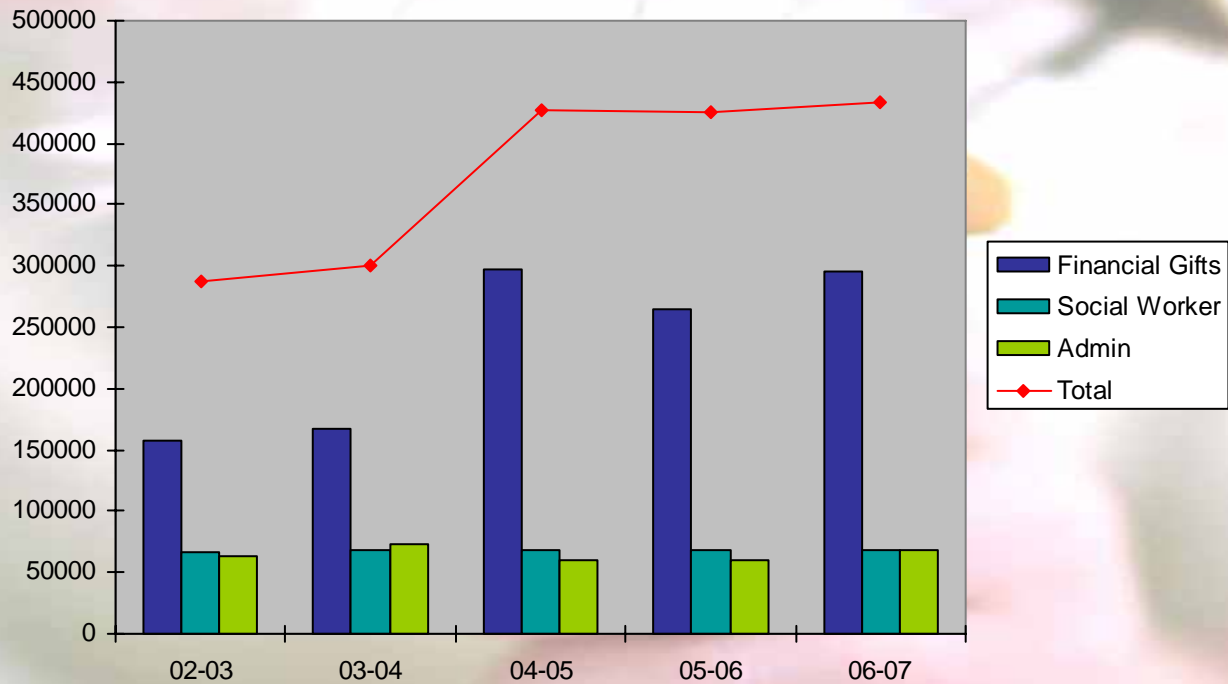
# FACTS AND FIGURES – Beneficiary Numbers



# FACTS AND FIGURES – Beneficiary Type

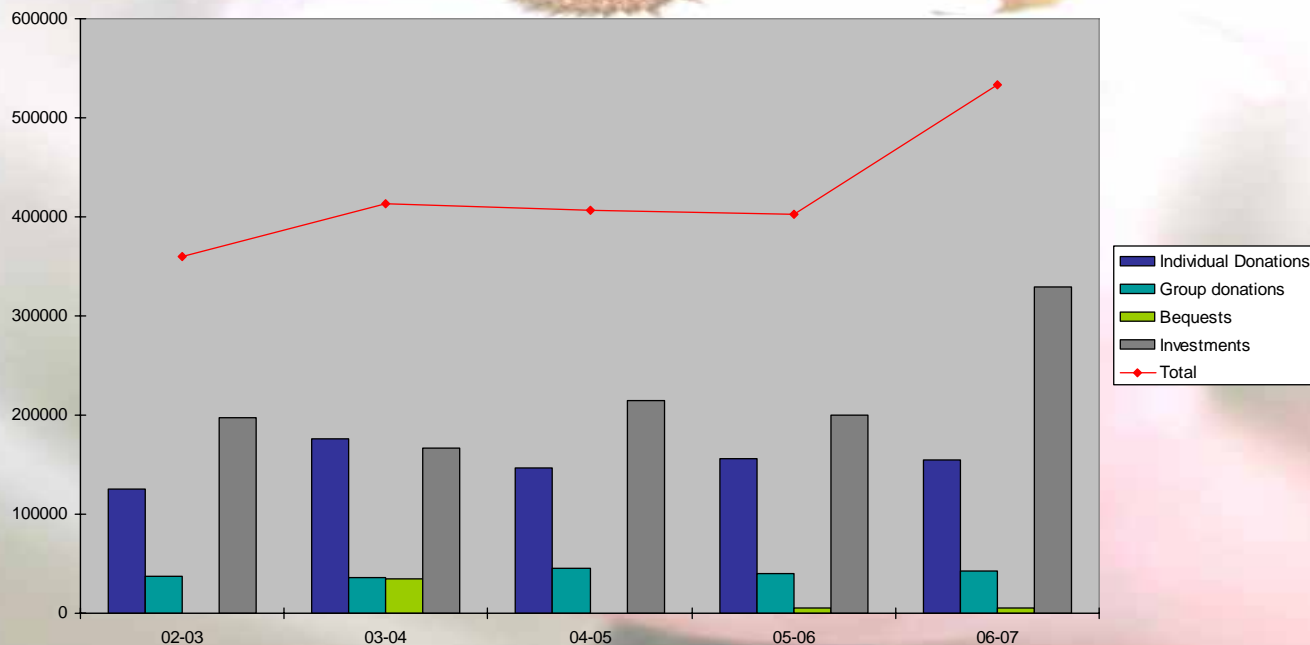


# FACTS AND FIGURES - Expenses



# INCOME

- Donations through the medical profession (groups and individuals)
- Bequests
- Investments



# ASSISTANCE PROFILES

- Support of families who are poorly provided for upon Medical Practitioner's death;
- Separated/divorced spouse not being adequately supported
- Impaired doctor support (counseling, support, guidance, retraining)
- Single parent support
- Support for individuals involved in workplace disputes
- Support in financial crisis
- Provision of support when health issues (physical or mental) occur, often tied up with self directed or inadequate health care, lack or loss of income protection insurance, delayed payment of sick leave/income protection insurance

# Accessing MBA Services

- Referrals – self, colleague, AMA, NSW Medical Board, DHAS, Family members, other social workers;
- Initial point of contact is **OUR** social worker. Can be referred to other services with consent of beneficiary

# Limiting your exposure to risk

- Life insurance
- Income protection insurance
- Credit – availability, care in over-extending credit limits/exposure
- Social life. Time for family, spouse, leisure
- Substance abuse. Awareness, limiting risk, accessing assistance
- AVOID Self treatment – GET A GP
- Keep documents “up to date” – wills, financial documents, legal documents (see [www.mba.nsw.org.au](http://www.mba.nsw.org.au) for “Take Care” advice)

# ADVERTISING

- Website: [www.mbansw.org.au](http://www.mbansw.org.au)
- Brochures
- Word of Mouth
- Letters to bereaved families
- Annual and December Appeal Letters
- Attendance at Doctor's Health seminars
- Presentations
- RACGP Newsletter
- Other medical publications

# APPEAL

A close-up photograph of a hand holding a bouquet of white daisies with yellow centers. The hand is positioned at the bottom of the frame, and the flowers are in sharp focus, filling most of the image. The background is a soft, out-of-focus green and white.

- Be a DONOR
- Refer potential beneficiaries (even yourself)
- Limit your exposure to risk